



The Franciscan Hermitage

Messenger

Winter/Spring 2021



Dear Friends of the Hermitage:

We are approaching the time of year when we celebrate Love! No matter what your religious affiliation (if you have one), Hanukkah, Christmas, Solstice, Kwanza, etc., everyone is celebrating the importance and value of Divine, Cosmic, Unconditional, Love – the Energy that created and sustains the cosmos.

The actual practice of Love, in my estimation, is the most important part of this celebration. Do you want to live in a world of love, joy, and compassion? If so, then you must create that reality!

The fact is, we are a human family. Because I have come to understand this idea more clearly, I seek to act as a member of a family. When entering the grocery store, for example, I salute the greeters and say “Justin reporting!” Now that they have gotten used to my ritual, they salute me before I acknowledge them. When I leave the store, I approach the greeters again, salute, and ask: “May I be excused?” Over the years we have become friends and we help one another to smile!

When I finish an appointment with an MD, a DC, DDS, etc., I always thank them for their presence and their expertise – and I mean it! These professionals have given me a long lease on life, and I appreciate it!

When I am with the Hermitage staff and volunteers, I frequently say “Thank You!” AND “I love you.”

When I do a meditative walk near the river that runs through the back yard of the Hermitage, I say “Thanks” for the warm sun on my skin, the cool breeze, the magnificent beauty of the sky and of trees, flowers, and bushes. I greet the animals who cross my path as well as others who are biking, running, or walking.

These activities, for me, reinforce the fact that I am part of a human family and I enjoy generating Love everywhere I go. You may not feel comfortable with the activities described above but you can, if you so choose, find other approaches that are appropriate for you. The challenge is to openly express your understanding of your being a part of our human family.

You may have heard me speak about the rule of thumb that guides my life:

Know what you believe.
Live what you believe.
Allow others their beliefs.
Then just love everyone!

We are not here to change others; we are all here to generate Love – that is who we ARE! The goal is to celebrate Unity in Diversity! When you understand this reality, allow it to dominate your life, AND make it visible, you will begin to experience the fullness of Life that Jesus came to kindle in us. Then will you begin to experience Love, Joy, Peace, Health, Happiness, and every other good thing!

Make the best of this beautiful season for yourself, and for all of humanity!

Love and appreciation for being in our lives and in our ministry!

Justin



World Peace

Love, joy, peace, health
And Happiness
These are the treasures that
Make our lives full.

These are the gifts we celebrate
As we come to year's end.
Without them our lives are meaningless
With them we have world peace!

Peace is Energy generated from within
Peace is who we are!
Fill this Season with Love and Joy
You are universal Hope.

All of us are family
All around the earth
Show the world you understand
Make your presence known.

Smile at those you meet today
Wave or say "Hello."
Give away your compliments
Freely as you breathe.

Words of "Thank You" generate Love.
Especially as a surprise
Thank your doctor, thank your nurse
Thank everyone who serves!

When you finish your phone call,
Always say: "I love you!"
Take the time to feel the sun
As well as rain and snow.

We can make a world of peace
That's our destiny.
Here's your task, have some fun
Make your life a game!

Justin (12-12-20)

Justin's Calendar

January – June 2021

All activities are in Indianapolis, due to COVID.

The Zoom International Energy Circle Is offered online every Tuesday evening at 7-8 PM. Energy Circle is also offered live, with precautions, on every Wednesday evening at 7-8 PM.

Date	Program
Jan. 9 -10	Silva Life System Class
Feb. 19-20-21	Silva Intuition System Class
Mar. 20 - 21	Success: Full Relating Workshop
Apr. 3	Fr. Justin's Birthday
Apr. 17 -18	Success: Full Living workshop
May 1	Art of Listening Workshop
June 13	Fr. Justin's 60 yr. Service in the Priesthood Celebration

Scheduled Programs and Classes at the Hermitage

LAW OF ATTRACTION

(An Introduction to the Power of Intentional Living)

The 3rd Tuesday, of each month

2021: Jan. 19, Feb. 16, Mar. 16, Apr. 20, May 18,
June 15 7:00-9:00 p.m.

A place to gather for Group Discussions on topics of Awareness, Intention, Focus, Visualization, Vibrations, and Law of Attraction. Join us to intentionally enhance your life, as well as the lives of your families and your Communities through awareness.

Facilitated by: **Beth Breeden**

(Fee: \$10.00 All Welcome)

ENERGY CIRCLE



(Meditation Support Group)

Every Wednesday night 7:00-8:00 p.m.

We share Success Stories and a group meditation. In the center of the room, we have an Energy Box where we collect written intentions for healing, finding jobs, finding life partners, achieving goals of every kind, etc. The Box becomes the focal point for our meditation at the Hermitage as well as our private meditations during the week. If you would like your need, or that of a loved one, placed in the Box, for healing, or any other intention etc. please call LuLu at: 317-545-0742 or email to lulugk@att.net

All welcome - Donations Appreciated

ZOOM INTERNATIONAL ENERGY CIRCLE

(Online International Meditation Support Group)

Every Tuesday Night 7:00 – 8:00 p.m.

For those who are unable to join us 'live' for Energy Circle on Wednesday night, we now have a Zoom International Energy Circle every Tuesday night. If you would like to join the group, please email LuLu at lulugk@att.net (There is no charge)

Hosted by: **Liz Wilson and Other Silva Facilitators**

SILVA LIFE SYSTEM

(In-depth Meditation Workshop)

Sat. & Sun, January 9th-10th 2021 (9:00 a.m.–6:00 p.m.)

“People all over the world have learned how to live healthier, happier, and more productive lives after taking the Silva Workshop.”

Cost: \$375 if paid by Monday, January 4th 2021.

After January 4th cost is \$475. A \$100 deposit will reserve your seat and qualify you for the \$50 discount if received by Monday, Jan. 4th (You can pay the remaining balance the morning of the class.)

Once you take the workshop you can repeat it anytime without paying the tuition, but we request a donation to help cover costs. **Graduates must register.**

Facilitator: **Friar Justin Belitz**

SILVA INTUTION SYSTEM

(A Graduate Workshop)

Friday, February 19th 2021 – 7- 9:00 p.m.

Class continues: Sat.-Sun. Feb. 20-21, 9 a.m.-6 p.m.

This is a Graduate Program. You must have taken the Silva Life System class before you can take this one.

Cost: \$375 if paid by February, 12th and \$425 after February 12th. A \$100 deposit received on, or by February 12th will reserve your space and qualify you for the \$50 discount. (Space is limited!!)

Graduates must register with a \$30 donation fee.

To reserve your space and pay by credit card call:

LuLu at (317) 545-0742 after 1:30 p.m. Mon. thru Fri.

Facilitator - **Friar Justin Belitz**

SUCCESS: FULL RELATING

(2 Day Workshop)

Saturday, March 20th and Sunday, March 21st
9:00 a.m. – 5:00 p.m.

This is a Workshop to help you understand how you relate – to yourself, to others, to things, to life experience, to God, etc. The program explains 7 principles you can use to develop wholesome and satisfying relationships.

Cost: \$150 (includes Student Manual).

A \$50 deposit paid by March 15th will reserve your seat. The balance can be paid the morning of the Workshop.

Instructor: Friar Justin Belitz

SUCCESS: FULL LIVING

(2 Day Workshop)

Sat.-Sun. Apr. 17 and 18 9:00 a.m. – 5:00 p.m.

You have a Life Mechanism that can lead you to a satisfying life. By developing a positive attitude and setting goals in 7 major areas of your life, you can create the FULL LIFE we are all meant to experience. It is up to you to *choose* a satisfying life!

Cost: \$150 A deposit of \$50 on or by April 12th will secure your seat. (Space is limited.)

Facilitator: Friar Justin Belitz

ART OF LISTENING

(A one-day Workshop to Improve your Relationships through Focused Listening.)

Saturday, May 1, 2021 9:00 a.m.–5:00 p.m.

Most people do not listen with the intent to understand; they listen with the intent to reply. In this workshop you will discover how to use listening skills that can change your life forever!

Please reserve your space by Tuesday, April 27th.

Graduates are welcomed to repeat the Workshop for

a \$25 donation. Fee \$75.00 (Includes Student Manual)

Facilitated by: Friar Justin Blitz

SPECIAL NOTE:

Fr. Justin offers a short Mass on the Saturday Evenings following each Workshop for those who wish to attend.

For more information regarding our programs and a list of our books, CDs and MP3s, please visit our website: www.HermitageIndy.org

SPECIAL CELEBRATION EVENT

On June 13th 2021, Fr. Justin will celebrate his 60th anniversary as a priest. We want to celebrate this event here, at the Hermitage. At present, we are only in the planning stage. We will share details as soon as they are finalized.

The Hermitage Would Like to Thank You!

This year is our 46th Anniversary. We want to express our gratitude to all of you for your continued moral, spiritual, and financial support of our mission. Because of your thoughtfulness and generosity we have been able to touch millions of lives, both here in the USA and in many other parts of the world. Your monetary gifts are tax-deductible and can be made by check, credit card, by calling 317-545-0742, or by using our website www.HermitageIndy.org. Please know that you are in our thoughts and prayers during these difficult and uncertain times. May God bless you and your loved ones with health, happiness, and every good thing during 2021.

Sincerely with much love and appreciation,
Friar Justin, LuLu, the Board of Directors, and our
faithful Volunteers

Hermitage Board of Directors and Volunteers

Fred Beyne, Chairman
Maintenance Consultant

Greg Vargo, Vice Chairman
Computer and Web Consultant

Nancy Chism, Secretary
Evaluations, Communication,
Liturgy and Retreats Assistant

Elizabeth Wilson, Treasurer
Energy Circle Coordinator

Friar Justin Belitz, OFM, MA.
Founding Director and Program
Development

LuLu Kinnett, Member at Large
Assoc. Director, Financial Officer

Friar Bertin Miller, OFM
Member at Large and
Liaison with Provincial Office

Hermitage Associates

Alison Kirkwood - Perth, Australia

Sheelagh Dixon - Australia

Alfred Eaker - Facebook

Kathy Peters-Indianapolis, IN

Certified Silva Instructor

LuLu Fedorus Omaha, NE

Pat Kerlin Katy, TX - SFL Lecturer

Jennifer Gal - French Consultant

Marietta Kovacs – Geneva,
Switzerland - SFL Lecturer

Jerry Kroll - Computer Support

Jeremiah Little - IT Website

Deb Boyer - Office Support

Triesa Hodgson - Office Support

Kathryn Tawney –Office Support

Website: www.HermitageIndy.org

Email: LuLu@HermitageIndy.org